

COURSE **DETAILS**

Course Name: Diploma in Functional Biting and

Anatomical Bridle Fitting

Course Duration: 12 months

UKRS Accredited: Aligns to an NFQ level 7

Delivery: Hybrid (Online, Zoom, In-Person)

COURSE INTRO

This advanced course provides an in-depth exploration into the science, practice, and ethics of bit and bridle fitting in the horse. It equips professionals with the knowledge and practical tools to assess, fit, and evaluate biting and bridle solutions based on anatomical, biomechanical, behavioural, and welfare evidence.

WHAT IS **EXPECTED OF YOU?**

As this is a Level 7 programme, learners are expected to engage in critical thinking and develop autonomy in their study. Self-directed learning is a key component learners will be required to:

- learners will be required to:
- Complete structured readings and reflections
- Submit case study notes, skills demos and workbooks
- Practice hands-on techniques between in-person intensives
- Maintain a reflective portfolio and prepare for assessments

Support is provided throughout via mentoring calls, tutor feedback, and peer discussion groups.

KEY FEATURES



Delivered by experienced educators in the field

Hands-on and theoretical learning, combining inperson practical days with interactive online modules

Flexible learning format with recorded Zoom sessions and structured self-study

In-depth case studies and final assessments to build real-world clinical confidence

Strong emphasis on horse comfort, industry compliance, and responsible equipment use.

Ideal for experienced horse handlers, therapists, and equine practitioners seeking to specialise.









COURSE **DESCRIPTION**

The **Bit and Bridle Fitting Consultant Course** is an advanced, practitioner-level training designed for equine professionals who wish to specialise in ethical, evidence-based bitting and bridle fitting. This comprehensive programme blends anatomical science, biomechanics, behavioural observation, and welfare principles to equip learners with the knowledge and practical tools needed to assess, select, and fit bits and bridles for a wide range of horses.

Over the course of nine months, participants will deepen their understanding of the equine head and oral structures, explore the mechanics of various bit and bridle designs, and learn to interpret complex clinical and performance cases. Through a combination of online learning, practical tasks, video analysis, and an immersive in-person workshop, students will develop both technical expertise and professional communication skills.

Ideal for those with a Level 5 qualification in equine science or a related field, this course prepares graduates to work confidently alongside vets, physios, and other equine specialists to support horse comfort, performance, and welfare.



COURSE DELIVERY & COMMITMENT

The course is structured into distinct phases, Each phase includes:

- **eLearning:** High-quality digital lessons with video lectures, readings, and interactive content.
- ✓ Live Zoom Sessions: Live teaching and discussions with course leaders and guest lecturers.
- Practical Onsite Days: Hands-on intensives focusing on assessments, fitting skills, and reasoning.
- Self-Directed Learning: Independent study, reading, practice, and case-based assignments.

The course comprises of guided learning, including eLearning, practical workshops, live lectures, and self-directed assignments. Students should expect to commit an average of 8 hours per week, though time investment may vary around practical training days and final assessments.



COURSE OVERVIEW

The following section outlines all modules included in the Bit & Bridle Fitting Consultant Course. Each module blends theoretical insight with practical experience, equipping learners to become confident, clinically minded professionals.



MODULE 1: FOUNDATIONS IN EQUINE HEAD AND ORAL ANATOMY

This module explores the detailed anatomy of the equine head, including the skull, jaw, TMJ, hyoid apparatus, tongue, and cranial nerves. You'll examine how dental structures, ageing, wear patterns, and soft tissue sensitivity affect bitting decisions. A solid anatomical foundation is essential for understanding both fit and function.



MODULE 2: BIT DESIGN, FUNCTION AND SIGNAL TRANSMISSION

Here, you'll study the wide variety of bit types—from snaffles to curbs, gags to bitless systems—and how design choices influence pressure distribution and communication between horse and rider. The module also explores how signals travel from the rider's hands to the horse's body through the bit.



MODULE 3: BRIDLE FIT AND HEADPIECE MECHANICS

This module focuses on the structure and function of traditional and anatomical bridles, with a deep dive into noseband design and poll pressure. You'll examine current research on bridle pressure and learn how to identify and correct poor fit through hands-on photographic analysis.



MODULE 4: PAIN, PERFORMANCE AND BEHAVIOURAL INDICATORS

You'll learn to recognise behavioural signs of discomfort such as head tossing, evasion, or tongue movement. This module teaches you to interpret subtle changes in behaviour using tools like slow-motion video, ethograms, and rein tension gauges, with a focus on understanding the horse's experience.



MODULE 5: ASSESSMENT TECHNIQUES AND TECHNOLOGIES

This module introduces the tools and protocols used to evaluate bit and bridle fit both statically and in motion. You'll learn how to incorporate rein gauges, pressure sensors, and gait analysis technology into your assessments and understand how to correlate findings with other disciplines like dentistry and farriery.





MODULE 6: CLINICAL CASE INTEGRATION AND PROFESSIONAL COLLABORATION

Learn how to approach complex cases by drawing on insights from veterinary, dental, and physiotherapy professionals. This module prepares you to create detailed, welfare-oriented recommendations while managing client expectations and delivering clear, professional communication.



MODULE 7: ETHICS, WELFARE AND REGULATORY FRAMEWORKS

Explore the ethical considerations of bitting and bridle fitting, including performance pressures, rider preferences, and emerging welfare standards. You'll examine real-world dilemmas and industry regulations (FEI, BE, BD, etc.), and develop the confidence to advocate for ethical, horse-centred choices.



MODULE 8: FINAL PRACTICAL & PORTFOLIO SUBMISSION

In the final stage, you'll attend a hands-on practical workshop where you'll demonstrate your skills in live fitting scenarios. You'll also compile your professional portfolio, showcasing your case studies, journal reflections, fitting records, and written assignments—ready for use in practice or future consultancy work.



LEARNING OUTCOMES

WHAT WILL I LEARN?

By the end of the course, participants will be able to:

- 1. **Critically evaluate** the anatomy and physiology of the equine head and oral cavity in relation to bit and bridle design.
- 2. **Apply biomechanical and behavioural principles** to assess bit and bridle fit both statically and dynamically.
- 3. **Select, modify, and fit** a wide range of bits and bridles based on individual horse conformation, function, and welfare needs.
- 4. Interpret complex clinical and performance cases by integrating interdisciplinary findings into bitting strategies.
- 5. **Demonstrate practical proficiency** in fitting procedures using tools such as pressure sensors, rein tension gauges, and gait analysis.
- 6. **Analyse and apply ethical principles** in bitting practices, addressing welfare concerns, rider expectations, and industry standards.
- 7. Design and deliver professional, evidence-based case reports and communicate findings clearly with clients and other equine professionals.

CAREER GROWTH

This course equips you with specialist skills that enhance your role within the equine industry. Graduates can work independently or as part of a multidisciplinary team alongside vets, dentists, and physiotherapists. Whether you're expanding an existing practice or entering the field of consultancy, you'll be able to offer expert, welfare-led advice on bit and bridle fit. This qualification supports long-term professional growth, adding value to your services and strengthening your position as a trusted equine practitioner.

HOW TO ENROL

Choose your course date and location and fill out the application form. We will contact you within 5 working days to confirm your approval. There are payment options available for professional courses, such as payment installments or you can use <u>Humm</u>
Finance. Once you have signed up and paid the deposit, you can start your course.

TUITION **FEES**

Payment in full	Monthly Payment Plan
Payment in full €2500	Our monthly payment plans are provided through Humm Finance. If you would like a quotation, please let us know.

Final Assessment and Certification €200

KEY DATES FOR **2025/2026**

Date	Info	Start time
1st October	Start Date	
6th October	Zoom	6.30pm
20th October	Zoom	6:30 pm
3rd November	Zoom	6:30 pm
8th December	Zoom	6:30 pm
15th December Zoom	Zoom	6:30 pm
19th January	Zoom	6:30 pm
24th 25th 26th January	Full day on site practical training	10 am - 4 pm approx.
2nd February	Zoom	6:30 pm
9th February	Zoom	6:30 pm
4th March	Zoom	6:30 pm
25th March	Zoom	6:30 pm
8th April	Zoom	6:30 pm
22nd March	Zoom	6:30 pm
6th May	Zoom	6:30 pm
16th, 17th, 18th May	Full day on site practical training	10 am - 4 pm approx.
20th May	Zoom	6:30 pm
3rd & 4th October	Pre Exam	TBC
17th October	Exam	TBC



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