

COURSE **DETAILS**

Course Name: Professional Qualification in Equine

Lymphatic Drainage & Recovery Therapy

Course Duration: 12 Months

UKRS Accredited: Aligns to an UKRS level 7

Delivery: Hybrid (Online, Zoom & In-Person)

COURSE INTRO

This accredited Level 7 course is designed for qualified equine therapists who wish to expand their expertise in the specialist area of equine lymphatic drainage and recovery therapy. It provides a comprehensive exploration of the equine lymphatic system and its vital role in health, performance, and recovery. Emphasis is placed on understanding when and how to incorporate lymphatic therapy into treatment plans, ensuring safe, effective, and evidence-based outcomes. Taught by experienced professionals, this course equips therapists with the knowledge and skills needed to support lymphatic function.

WHAT IS **EXPECTED OF YOU?**

As this is a Level 7 programme, you will be required to apply critical thinking, reflective practice, and clinical reasoning as you integrate new techniques into your existing skillset. – learners will be required to:

- Complete structured readings and reflections
- Submit case study notes, treatment plans, skills demos and workbooks
- Practice hands-on techniques between in-person intensives
- Maintain a reflective portfolio and prepare for assessments

KEY **FEATURES**





Hands-on and theoretical learning, combining inperson practical days with interactive zoom modules

Flexible learning format with Online & Zoom sessions with structured self-study

Evidence-based approach with current research and clinical application

In-depth focus on the equine lymphatic system and recovery processes

CPD accredited, contributing to ongoing professional development











COURSE **DESCRIPTION**

This professional Level 7 qualification is designed for experienced equine bodyworkers looking to expand their therapeutic expertise. Combining advanced Manual Lymphatic Drainage (MLD) techniques with targeted Kinesiology Taping (KTaping) applications, this course empowers practitioners to support lymphatic health, swelling reduction, injury recovery, and optimal performance in horses.

Delivered through a blended model of online theory, hands-on practical intensives, and real-world case studies, this 370+ hour program ensures clinical confidence and practical excellence.

The course blends in-depth lectures with practical, hands-on modules, ensuring participants leave confident in applying effective techniques in real-world settings. Delivered by experienced instructors and supported by the latest research, this training is ideal for professionals looking to elevate their practice and offer an elite level of care.

Modules will include - Downloadable workbooks, Lymphatic anatomy wall chart, K-Taping protocol cards, case log template & treatment record forms and access to full video demo library





COURSE DELIVERY & COMMITMENT

The course is 12 months long and designed to be flexible & to suit those studying already or in employment.

Each phase includes:

- **eLearning:** High-quality digital lessons with video lectures, readings, and interactive content.
- Live Zoom Sessions: Live teaching and discussions with course leaders and guest lecturers.
- Practical Onsite Days: Hands-on intensives focusing on assessments, treatment skills, and clinical reasoning.
- Self-Directed Learning: Independent study, reading, practice, and case-based assignments.

The course comprises over 370 hours of guided learning, including eLearning, practical workshops, live lectures, and self-directed assignments. Students should expect to commit an average of 7-10 hours per week, though time investment may vary around practical training days and final assessments.



COURSE OVERVIEW

The following section outlines all 8 modules included in this professional Programme. Each module blends theoretical insight with practical experience, equipping learners to become confident, clinically minded professionals.



MODULE 1: INTRODUCTION TO THE EQUINE LYMPHATIC SYSTEM

This module provides a comprehensive introduction to the structure and function of the equine lymphatic system. Students will explore lymphatic anatomy—including nodes, vessels, and ducts—and learn how the system supports immunity, circulation, and performance. Comparisons with the human system help deepen understanding, and a self-check quiz reinforces key concepts.



MODULE 2: EQUINE LYMPHATIC DYSFUNCTION & CLINICAL INDICATORS

Students will examine common types and causes of lymphatic congestion in horses, learning to identify early signs such as swelling, heat, and oedema. The module emphasizes safe assessment, red flags, and when to involve a veterinarian. A practical observation task and vet liaison scenario support real-world application.

Assessments includes: Assignment - Observation log



MODULE 3: MANUAL LYMPHATIC DRAINAGE (MLD) TECHNIQUES

This hands-on module teaches the foundations of MLD, including pressure, rhythm, and direction tailored to equine anatomy. Students will work along lymphatic watersheds and stimulation zones to support drainage. Case examples include cellulitis, post-surgical recovery, and general swelling. Practical sessions include peer feedback and instructor demonstration.



MODULE 4: EQUINE KINESIOLOGY TAPING FOR LYMPHATIC SUPPORT

Learners will gain an in-depth understanding of KTaping techniques for lymphatic support. The module covers the theory behind elastic taping, indications for use, and correct application methods. Practical training includes fan, spiral, and web tape patterns across limbs, thorax, and abdomen, culminating in a taping assignment with client feedback.

Assessments includes: Taping assignment with client feedback report



MODULE 5: INTEGRATING MLD & KTAPING IN CLINICAL SETTINGS

This module focuses on building complete therapy sessions by integrating MLD and KTaping into real-world practice. Students will learn how to plan treatments for preevent prep, recovery, and rehab. Topics include client communication, ethical practice, documentation, and combining techniques with other therapeutic modalities.

Assessment via: Workbook - integrated care planning & treatment journal





MODULE 6: REHABILITATION & POST TREATMENT PLANNING

Students will develop effective treatment plans to support equine recovery and long-term health. This includes post-exercise lymphatic routines and tracking progress using outcome measures. Collaboration with vets, farriers, and physios is encouraged.

Assessment involves: 3 client case studies (min. 3 treatments each)



MODULE 7: PROFESSIONAL STANDARDS, VET COLLABORATION & RECORD KEEPING

This module outlines the professional, legal, and ethical responsibilities of equine therapists. It covers proper documentation, scope of practice, referral protocols, and insurance considerations.

Assessment includes: Complete a quiz and work through a vet referral scenario to build confidence in professional communication.



MODULE 8: FINAL PRACTICAL ASSESMENT & VIVA

The course concludes with a final practical assessment and oral viva. Students will demonstrate their MLD and KTaping skills, present a full case study, and reflect on their learning journey. A 360° feedback process and tutor evaluation ensure each graduate is confident, competent, and ready for clinical practice.





LEARNING OUTCOMES

WHAT WILL I LEARN?

Graduates of this course will be able to:

- Understand the structure and function of the equine lymphatic system and its role in performance, recovery, and immune health.
- Recognize and assess signs of lymphatic dysfunction, including swelling and oedema, and identify when veterinary referral is required.
- Safely apply manual lymphatic drainage (MLD) techniques with correct pressure, rhythm, and flow based on equine anatomy.
- Use kinesiology taping methods to support lymphatic drainage and recovery, applying appropriate patterns for various regions.
- Plan and deliver effective, integrated treatment sessions combining MLD, KTaping, and complementary approaches.
- Work professionally within scope, maintaining clear communication and collaboration with vets and other equine practitioners.
- Create structured treatment plans, track progress, and keep accurate, ethical records.
- Demonstrate competence through practical assessment, case studies, and clinical reasoning during the final viva.

CAREER GROWTH

This course enhances the scope of practice for qualified equine therapists, physiotherapists, and veterinarians by adding a highly specialised skillset in lymphatic drainage and recovery therapy. Graduates can offer targeted support for swelling, post-surgical care, and performance recovery, setting themselves apart in a competitive market. The integration of Manual Lymphatic Drainage (MLD) and Kinesiology Taping enables therapists to expand their service offerings, attract new client referrals from vets and rehab centres. Completion strengthens credibility and supports CPD requirements.

HOW TO ENROL

Choose your course date and location and fill out the application form on our website. We will contact you within 5 working days to confirm your approval. There are payment options available for professional courses, such as payment installments or you can use Humm Finance. Once you have signed up and paid the deposit, you can start your course.

TUITION **FEES**

Payment in full	Monthly Payment Plan	
Payment in full €1200 due 6 weeks before start date	Our monthly payment plans are provided through Humm Finance. If you would like a quotation, please let us know. Due 6 weeks before start date.	

Final Assessment and Certification €200

KEY DATES FOR **2026**

Date	Info	Start time
19th January	Start Date- Zoom	6:00pm - 9:00pm
11th February	Zoom	6:00pm - 9:00pm
3rd March	Zoom	6:00pm - 9:00pm
6th March	Practical	10:00am - 4:00pm approx.
15th April	Zoom	6:00pm - 9:00pm
5th May	Zoom	6:00pm - 9:00pm
22nd May	Practical	10:00am - 4:00pm approx.
16th June	Zoom	6:00pm - 9:00pm
21st July	Zoom	6:00pm - 9:00pm
7th August	Practical	10:00am - 4:00pm approx.
15th September	Zoom	6:00pm - 9:00pm
8th October	Zoom	6:00pm - 9:00pm
20th November	Practical	10:00am - 4:00pm approx.
December	Study and recap month	
25th January 2027	Exam	TBC



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