



EQUINE LYMPHATIC DRAINAGE & RECOVERY THERAPY

Level 7 Diploma - Accredited by UKRS

Course Delivery: Online

For more information  info@equied.com

COURSE DETAILS

Course Name: Professional Qualification in Equine Lymphatic Drainage & Recovery Therapy

Course Duration: 12 Months

UKRS Accredited: Aligns to an UKRS level 7

Delivery: Online

COURSE INTRO

This advanced professional qualification is designed for qualified equine therapists and appropriately experienced practitioners who wish to develop specialist knowledge and practical competence in equine lymphatic assessment, Manual Lymphatic Drainage (MLD), recovery support and kinesiology taping. The programme moves beyond technique-based training.

Students develop an advanced understanding of equine lymphatic anatomy and physiology, fluid dynamics, oedema formation, lymphatic dysfunction, clinical indicators, tissue change, contraindications and veterinary referral before progressing to practical lymphatic techniques.

A strong emphasis is placed on clinical reasoning, evidence-informed practice, professional scope and horse welfare.

Students learn not only how to apply lymphatic techniques, but how to determine whether treatment is appropriate in the first place.

WHAT IS EXPECTED OF YOU?

As a Level 7 learner, you will be expected to:

- engage with scientific and veterinary literature;
- apply critical thinking and clinical reasoning;
- complete structured coursework and case analysis;
- participate in practical skills training;
- demonstrate practical competence;
- maintain professional treatment and case records;
- reflect critically on clinical decisions;
- recognise contraindications and red flags;
- communicate appropriately with veterinary and other professionals.

KEY FEATURES

- ✓ Level 7 accredited content aligned with professional standards
- ✓ 370+ hours of structured professional education
- ✓ Advanced equine lymphatic anatomy, physiology and fluid dynamics
- ✓ Equine kinesiology taping for lymphatic and recovery support
- ✓ Clinical reasoning and case-based learning
- ✓ Red-flag recognition, contraindications and veterinary referral
- ✓ Practical skills training and competency assessment
- ✓ Professional documentation and case portfolio development
- ✓ Full Equi-Ed lymphatic technique video library



COURSE DESCRIPTION

The equine lymphatic system is fundamental to tissue-fluid homeostasis, immune surveillance and the transport of fluid, proteins and other substances from the interstitial environment.

Understanding this system requires considerably more than learning a sequence of massage techniques.

This Level 7 programme begins with the scientific foundations of equine lymphatic anatomy, physiology, microcirculation, interstitial fluid dynamics and lymph transport.

Students then examine what happens when tissue-fluid homeostasis is disrupted, including the mechanisms of oedema, increased lymphatic load, reduced transport capacity, acute and chronic lymphatic dysfunction, inflammatory swelling, systemic causes of oedema and chronic lymphatic disease.

Only after establishing this foundation do students progress to practical Manual Lymphatic Drainage and kinesiology taping.

Throughout the programme, students are taught to distinguish between:

Observation → Interpretation → Diagnosis

and to work within an appropriate professional scope.

The programme integrates theory, practical skill development, case-based reasoning, treatment planning, outcome monitoring, veterinary collaboration and professional documentation.





COURSE DELIVERY & COMMITMENT

The course is 12 months long and designed to be flexible & to suit those studying already or in employment.

Each phase includes:

- ✓ **eLearning:** High-quality digital lessons with video lectures, readings, and interactive content.
- ✓ **Zoom Sessions:** Teaching and discussions with course leaders and guest lecturers.
- ✓ **Practical Skills Training:** Structured practical education in assessment, Manual Lymphatic Drainage, kinesiology taping, treatment adaptation and professional clinical application.
- ✓ **Self-Directed Learning:** Independent study, reading, practice, and case-based assignments.
- ✓ **Clinical & Case-Based Learning:** Students progressively apply their knowledge to realistic equine presentations, developing the ability to assess, reason, document and make appropriate professional decisions.

The programme comprises 370+ learning hours across guided learning, live teaching, practical training, independent study, skills practice, coursework, case work and assessment.

Students should expect their weekly study commitment to vary throughout the programme, particularly around practical training and assessment periods.



COURSE OVERVIEW

The following section outlines all 8 modules included in this professional Programme. Each module blends theoretical insight with practical experience, equipping learners to become confident, clinically minded professionals.



MODULE 1: FOUNDATIONS OF EQUINE LYMPHATIC ANATOMY, PHYSIOLOGY & FLUID DYNAMICS

Build a strong foundation in the structure and function of the equine lymphatic system. Explore lymph formation, fluid exchange, lymphatic vessels and nodes, regional anatomy, central lymphatic return and the mechanisms that drive lymphatic transport, with a focus on understanding normal physiology and its clinical relevance.



MODULE 2: EQUINE LYMPHATIC DYSFUNCTION & CLINICAL INDICATORS

Develop the skills to understand and assess changes in tissue-fluid balance and recognise the different causes and presentations of swelling. Explore oedema, lymphatic dysfunction, inflammation, fibrosis, CPL and other systemic or non-lymphatic conditions while developing safe clinical reasoning, referral and decision-making skills.



MODULE 3: MANUAL LYMPHATIC DRAINAGE (MLD) TECHNIQUES

Progress from theory into the practical application of Equine Manual Lymphatic Drainage. Learn the principles of practitioner positioning, contact, pressure, rhythm, direction and sequencing, while developing the ability to adapt techniques to individual horses and respond appropriately to tissue changes and clinical presentation.



MODULE 4: EQUINE KINESIOLOGY TAPING FOR LYMPHATIC SUPPORT

Explore the principles and practical application of elastic therapeutic taping within an equine lymphatic and recovery setting. Learn appropriate taping techniques, tension, anchoring and regional applications, alongside safe skin preparation, monitoring, removal and an understanding of the current evidence and limitations.



MODULE 5: INTEGRATING MLD & KINESIOLOGY TAPING IN CLINICAL PRACTICE

Learn to bring assessment, Manual Lymphatic Drainage and kinesiology taping together within a structured clinical session. Develop your ability to select appropriate techniques, establish treatment objectives, modify interventions and monitor outcomes while clearly understanding the clinical reasoning behind each approach.





MODULE 6: CLINICAL APPLICATION, RECOVERY & TREATMENT PLANNING

Develop individualised treatment and recovery plans based on each horse's presentation, clinical objectives and response to intervention. Explore treatment progression, rehabilitation contexts, movement considerations, outcome measures and multidisciplinary collaboration to support safe and appropriate recovery.



MODULE 7: PROFESSIONAL STANDARDS, VETERINARY COLLABORATION & RECORD KEEPING

Develop the professional skills required for safe and responsible clinical practice. Explore scope of practice, consent, veterinary referral, multidisciplinary communication, clinical documentation, confidentiality, ethical marketing and evidence-informed communication, ensuring practitioners work within appropriate professional boundaries.



MODULE 8: CLINICAL PRACTICE, CASE PORTFOLIO & PROFESSIONAL COMPETENCY

Bring your knowledge and practical skills together through clinical practice and case-based learning. Develop a structured case portfolio demonstrating assessment, clinical reasoning, treatment planning, MLD and taping application, outcome monitoring, documentation and professional reflection, culminating in practical competency assessment and a viva examination.



FINAL QUALIFICATION ASSESSMENT

The programme concludes with a **practical competency assessment and viva examination**, assessing both technical ability and safe clinical judgement. Students must demonstrate the ability to assess cases appropriately, recognise contraindications and red flags, adapt treatment where necessary and identify when veterinary referral is required.



LEARNING OUTCOMES

WHAT WILL I LEARN?

On successful completion, graduates will be able to:

- Explain advanced equine lymphatic anatomy, physiology and fluid dynamics;
- Explain mechanisms contributing to oedema and altered tissue-fluid homeostasis;
- Distinguish lymphatic dysfunction from other possible contributors to swelling;
- Characterise equine swelling objectively and systematically;
- Recognise acute, chronic and acute-on-chronic presentations;
- Identify red flags, contraindications and situations requiring veterinary assessment;
- Apply Manual Lymphatic Drainage safely and appropriately;
- Apply equine kinesiology taping where clinically appropriate;
- Integrate assessment, treatment and reassessment;
- Modify or defer intervention when required;
- Maintain professional clinical records;
- Communicate appropriately with owners, veterinarians and other professionals;
- Critically evaluate evidence and therapeutic claims;
- Distinguish physiological plausibility from demonstrated clinical efficacy;

CAREER GROWTH

This course enhances the scope of practice for qualified equine therapists, physiotherapists, and veterinarians by adding a highly specialised skillset in lymphatic drainage and recovery therapy. Graduates can offer targeted support for swelling, post-surgical care, and performance recovery, setting themselves apart in a competitive market. The integration of Manual Lymphatic Drainage (MLD) and Kinesiology Taping enables therapists to expand their service offerings, attract new client referrals from vets and rehab centres. Completion strengthens credibility and supports CPD requirements.

WHO IS THIS COURSE FOR?

This professional programme is designed for applicants with an existing relevant qualification or professional background, including:

- equine physical therapists;
- equine bodyworkers;
- equine massage/soft-tissue practitioners;
- veterinary physiotherapists;
- physiotherapists working appropriately within the equine sector;
- veterinarians;
- veterinary nurses/technicians where appropriate;
- other suitably qualified equine rehabilitation professionals.

Applicants must meet Equi-Ed entry requirements before acceptance onto the programme.

HOW TO ENROL

Complete the Professional Course Application Form through Equi-Ed. Applications are reviewed to confirm that applicants meet the appropriate entry requirements for this Level 7 programme.

Following acceptance, students will receive enrolment and payment information together with instructions for accessing the learning platform.

TUITION FEES

Payment in full	Monthly Payment Plan
Payment in full €800	Our monthly payment plans are provided through Humm Finance. If you would like a quotation, please let us know.



By enrolling in this course,
you're not just learning—
you're becoming part of a
growing network of equine
professionals and horse lovers
committed to better horse care
through education.

JOIN THE EQUI-ED LEARNING COMMUNITY

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